

THE *Hollywood* REPORTER

JANUARY 17, 2014

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Flare Spa FOUR SEASONS HOTEL

SHANGHAI AT PUDONG, CHINA

Floating above one of the world's most populated cities — Shanghai's metro area counts nearly 24 million people — on the 41st floor of the Four Seasons Hotel (rooms from \$444 a night, fourseasons.com/pudong), Flare Spa might have the most dazzling skyline views in Asia. Its menu of signature treatments includes the extravagant Orchidee Imperiale Facial, which uses orchid extracts and face, neck and upper-back massage to target wrinkles, and the Hello, Handsome facial for men, which involves exfoliation, facial massage, a specialty mask and an eye treatment. And who wouldn't want to try the enticing-sounding Sole to Soul massage using heated bamboo sticks on specific areas of the foot to relieve tension and improve circulation? There are separate men's and women's zones, a nail and makeup salon, a 24-hour state-of-the-art fitness center and an eye-popping sky-high infinity pool that should be avoided by those prone to vertigo.

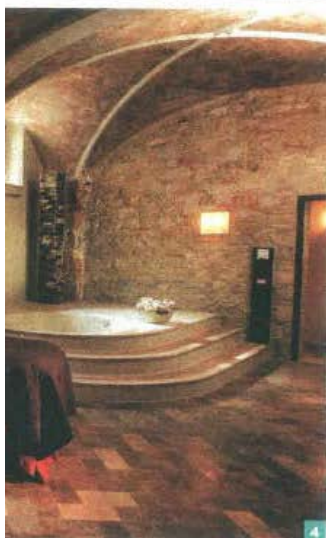


Spa Botanico DORADO BEACH,

RITZ-CARLTON RESERVE, PUERTO RICO

Set on the late **Laurance Rockefeller's** 1,400-acre estate overlooking the azure Caribbean, Spa Botanico at the Ritz-Carlton's Dorado Beach resort (rooms from \$859, doradobeachreserve.com) starts working its magic from the moment you enter a tranquil courtyard, the air fragrant with lavender, lemongrass and eucalyptus. There are numerous indoor and outdoor showers, gardens for de-stressing in therapeutic hot and cold pools and 10 freestanding treatment pavilions where the therapies include a warmed bamboo and stone massage and the Citrus Souffle,

1 At the Four Seasons Hotel Pudong Shanghai, an indoor infinity-edge pool overlooks the Shanghai skyline.
2 & 3 At Spa Botanico in Dorado Beach, Puerto Rico, a treehouse treatment room features an open-air massage platform.
4 A treatment room located within Castello di Casole's Essere Spa.
5 The Beach Club at Aman Resorts' Amanzoe features a lap pool with views of the Aegean.



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which involves a gentle scrub, lemony cream, warm towels and a head massage. Insiders know to reserve one of two treehouse platforms to experience things like the Hammock Massage, a rhythmic massage focusing on pressure points of the back, hands and feet while ocean breezes and rustling trees lull you into a state of bliss.

Aman Spa AMANZOE RESORT, PORTO HELI, GREECE

The closest thing to heaven on earth may be found at this ravishing spa from Aman Resorts (rooms from \$1,088, amanresorts.com/amanzoe/home.aspx), which rests atop an olive tree-strewn hill overlooking the sparkling Aegean Sea on a peninsula in southern Greece. Check into one of the 38 freestanding villas — each with a private pool — and get ready for world-class pampering using Aman's famous chemical-free

products. Try Watsu (a rejuvenating therapy where you're held by a practitioner in warm water and gently stretched) or get a 150-minute Signature Treatment that stimulates the lymphatic system and infuses the skin with minerals. There also is a Pilates facility, a huge pool (with another for the kids), an open-air yoga studio and tennis courts for those with more rigorous agendas in mind, as well as the resort's private Beach Club, three restaurants, a bar, boutique and even a well-stocked library — because you might as well exercise your mind as well as your body. Producer **Marty Adelstein** already has checked out the hotel.

Essere Spa CASTELLO DI CASOLE RESORT, CASOLE D'ELSA, TUSCANY, ITALY

At Essere Spa — the new addition to Tuscany's 1-year-old five-star Castello di Casole resort (rooms from \$484, castellodicasole.com) — treatments include a two-hour session in a medieval wine cellar where you'll be slathered in local honey and herbs, kneaded into bliss, then given a stress-melting scalp massage. Lots of native ingredients (olive oil, lavender, even mud) are used in massages and anti-aging facials, while more energetic activities also are on offer: Indulge in yoga and Pilates, lift weights in a state-of-the-art fitness center or hire a personal trainer to whip you into shape. The acclaimed 41-suite resort is located inside a 10th-century castle on 4,200 acres in Tuscany, where renowned director **Luchino Visconti** (*Death in Venice*) entertained such guests as **Sophia Loren** and **Elizabeth Taylor** during the '60s. — LESLIE VAN BUSKIRK

